FREE ROOMS COLLECTION

TryHackMe Free Rooms for Red Teamers

Free offensive-security rooms across 7 red team topics.

01 Basics & Fundamentals

02 Reconnaissance & Network

03 Web Application

04 Active Directory

05 Privilege Escalation

06 Tooling & Exploitation

07 Methodology & Social Engineering

tryhackme.com · 72 rooms · 7 topics

01 Basics & Fundamentals

9 FREE ROOMS

1. **Offensive Security Intro**
   https://tryhackme.com/room/offensivesecurityintro
2. **Linux Fundamentals Part 1**
   https://tryhackme.com/room/linuxfundamentalspart1
3. **Windows Fundamentals 1**
   https://tryhackme.com/room/windowsfundamentals1xbx
4. **Networking Concepts**
   https://tryhackme.com/room/networkingconcepts
5. **Windows Fundamentals 2**
   https://tryhackme.com/room/windowsfundamentals2x0x
6. **Windows Command Line**
   https://tryhackme.com/room/windowscommandline
7. **Cryptography Basics**
   https://tryhackme.com/room/cryptographybasics
8. **Web Application Basics**
   https://tryhackme.com/room/webapplicationbasics
9. **Python: Core Concepts**
   https://tryhackme.com/room/pythoncoreconcepts

02

Reconnaissance & Network

12 FREE ROOMS

1. **Search Skills**
   https://tryhackme.com/room/searchskills
2. **OhSINT**
   https://tryhackme.com/room/ohsint
3. **Passive Reconnaissance**
   https://tryhackme.com/room/passiverecon
4. **Nmap Live Host Discovery**
   https://tryhackme.com/room/nmap01
5. **Active Reconnaissance**
   https://tryhackme.com/room/activerecon
6. **Guided Pentest: Infrastructure**
   https://tryhackme.com/room/guidedpentestinfrastructure
7. **Google Dorking**
   https://tryhackme.com/room/googledorking
8. **Nmap Basic Port Scans**
   https://tryhackme.com/room/nmap02
9. **Network Services 2**
   https://tryhackme.com/room/networkservices2
10. **Wireless Security**
    https://tryhackme.com/room/wirelesssecurity
11. **Understanding Vulnerability Databases**
    https://tryhackme.com/room/understandingvulnerabilitydatabases
12. **Vulnerability Scanning Tools**
    https://tryhackme.com/room/vulnerabilityscanningtools

03 Web Application

18 FREE ROOMS

1. **OWASP Top 10 2025: IAAA Failures**
   https://tryhackme.com/room/owasptopten2025one
2. **Guided Pentest: Web**
   https://tryhackme.com/room/guidedpentestweb
3. **XSS**
   https://tryhackme.com/room/axss
4. **Advanced SQL Injection**
   https://tryhackme.com/room/advancedsqlinjection
5. **SQL Injection Introduction**
   https://tryhackme.com/room/sqlinjectionintroduction
6. **NoSQL Injection**
   https://tryhackme.com/room/nosqlinjectiontutorial
7. **CSRF**
   https://tryhackme.com/room/csrfV2
8. **SSRF**
   https://tryhackme.com/room/ssrfhr
9. **Breaking Crypto the Simple Way**
   https://tryhackme.com/room/breakingcryptothesimpleway
10. **Insecure Deserialisation**
    https://tryhackme.com/room/insecuredeserialisation
11. **Input Manipulation & Prompt Injection**
    https://tryhackme.com/room/inputmanipulationpromptinjection
12. **Content Discovery**
    https://tryhackme.com/room/contentdiscoveryx
13. **Chaining Vulnerabilities**
    https://tryhackme.com/room/chainingvulnerabilitiesZp
14. **WAF: Introduction**
    https://tryhackme.com/room/wafintroduction
15. **Insecure Randomness**
    https://tryhackme.com/room/insecurerandomness
16. **BankGPT**
    https://tryhackme.com/room/bankgpt
17. **Re-Testing**
    https://tryhackme.com/room/retesting
18. **Web Frameworks: Code Review**
    https://tryhackme.com/room/webframeworkscodereview

04 Active Directory

8 FREE ROOMS

1. **Active Directory Basics**
   https://tryhackme.com/room/winadbasics

2. **Attacktive Directory**
   https://tryhackme.com/room/attacktivedirectory

3. **AD: Basic Enumeration**
   https://tryhackme.com/room/adbasicenumeration

4. **Post-Exploitation Basics**
   https://tryhackme.com/room/postexploit

5. **VulnNet: Roasted**
   https://tryhackme.com/room/vulnnetroasted

6. **Intro to AD Authentication**
   https://tryhackme.com/room/introtoactivedirectoryauthentication

7. **AD Certificate Templates**
   https://tryhackme.com/room/adcertificatetemplates

8. **Intro to AD Breaching**
   https://tryhackme.com/room/introductiontoactivedirectorybreaching

05

Privilege Escalation

8 FREE ROOMS

1. **Linux Privilege Escalation**
   https://tryhackme.com/room/linprivesc

2. **Sudo Buffer Overflow**
   https://tryhackme.com/room/sudovulnsbof

3. **Linux PrivEsc Arena**
   https://tryhackme.com/room/linuxprivescarena

4. **Windows PrivEsc**
   https://tryhackme.com/room/windows10privesc

5. **Linux Privilege Escalation: Enumeration**
   https://tryhackme.com/room/linprivenum

6. **Windows PrivEsc Arena**
   https://tryhackme.com/room/windowsprivescarena

7. **CVE-2026-46300: Fragnesia**
   https://tryhackme.com/room/cve202646300

8. **Host-Server Configuration Reviews**
   https://tryhackme.com/room/hostserverconfigurationreviews

06

Tooling & Exploitation

9 FREE ROOMS

1. **Metasploit: Introduction**
   https://tryhackme.com/room/metasploitintro
2. **Hydra**
   https://tryhackme.com/room/hydra
3. **Blue**
   https://tryhackme.com/room/blue
4. **CyberChef: The Basics**
   https://tryhackme.com/room/cyberchefbasics
5. **Crack the hash**
   https://tryhackme.com/room/crackthehash
6. **Burp Suite: Repeater**
   https://tryhackme.com/room/burpsuiterepeater
7. **SQLMAP**
   https://tryhackme.com/room/sqlmap
8. **Custom Tooling Using Python**
   https://tryhackme.com/room/customtoolingpython
9. **Metasploit: The Basics**
   https://tryhackme.com/room/metasploitthebasics

07

Methodology & Social Engineering

8 FREE ROOMS

1. **Pentesting Fundamentals**
   https://tryhackme.com/room/pentestingfundamentals

2. **Red Team Fundamentals**
   https://tryhackme.com/room/redteamfundamentals

3. **Phishing - Merry Clickmas**
   https://tryhackme.com/room/phishing-aoc2025-h2tkye9fzU

4. **Red Team Threat Intel**
   https://tryhackme.com/room/redteamthreatintel

5. **Red Team OPSEC**
   https://tryhackme.com/room/opsec

6. **Writing Pentest Reports**
   https://tryhackme.com/room/writingpentestreports

7. **Phishing Basics**
   https://tryhackme.com/room/phishingbasics

8. **Phishing: HiddenEye**
   https://tryhackme.com/room/phishinghiddeneye